

# OTTER TRAIL GUIDE

## TIDES SEPT 2026

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0646	1810	0610	1832	1157	----
2	0645	1810	0644	1908	0034	1230
3	0644	1811	0723	1953	0113	1310
4	0642	1812	0813	2058	0202	1406
5	0641	1812	0943	2313	0313	1559
6	0639	1813	1244	----	0615	1904
7	0637	1814	0105	1346	0731	1959
8	0636	1814	0203	1431	0816	2041
9	0634	1815	0249	1511	0854	2118
10	0633	1816	0329	1547	0927	2153
11	0632	1816	0405	1621	0958	2225
12	0630	1817	0438	1653	1027	2254
13	0629	1818	0509	1722	1054	2322
14	0627	1818	0538	1749	1120	2349
15	0626	1819	0605	1815	1147	----
16	0625	1820	0631	1840	0016	1213
17	0623	1820	0659	1907	0043	1243
18	0622	1821	0731	1944	0115	1320
19	0620	1822	0827	2058	0159	1433
20	0619	1822	1237	----	0409	1837
21	0617	1823	0039	1325	0710	1925
22	0616	1824	0131	1358	0746	1958
23	0615	1825	0206	1427	0814	2027
24	0613	1825	0237	1456	0841	2057
25	0612	1826	0308	1526	0908	2127
26	0611	1827	0339	1557	0935	2158
27	0609	1827	0411	1628	1003	2229
28	0608	1828	0444	1701	1032	2302
29	0607	1829	0517	1734	1103	2336
30	0606	1830	0551	1810	1136	----

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

